

10th Annual
Elk Grove Community
Harvest Festival

Plenty of Pumpkin
Cooking
Contest



Sunday October 3, 2004
Elk Grove Regional Park
10 am - 5 pm

Call 405-5300 for more info.
www.egcsd.ca.gov

Here's your chance to join in the fun of Elk Grove's

Plenty of Pumpkin Cooking Contest!

Cooking Contest Schedule



Sunday 10/3:

12:15 - 1 pm	check-in at the Pavilion
1:15 pm	judging
4 pm	award presentation at the Pumpkin Pavilion

*Elk Grove Community
Harvest Festival
is 2 days - October 2 & 3, 2004!*

The Cooking Contest
is held on Sunday, October 3rd.

Join us for a full weekend of fun: Pumpkin, produce & cooking contests, craft fair, Kids' zone, petting zoo, pony & hay rides, entertainment & more.....



Visit the Gourmet Galley at
the Harvest Festival in the
Pavilion on Saturday October 2
and Sunday, October 3!



**2003 Contest
Award Winning Recipe**
Sweet Stuff Category

***Pumpkin Bread Pudding with
Vanilla Cream Sauce***

Submitted By: Amanda Louden

Pumpkin Bread Pudding
1-1/4 C heavy whipping cream
1/2 C sugar
1/2 t pumpkin spice
3 eggs, lightly beaten
1 (15 oz) can pumpkin
4-1/2 C (1/2") cubed Challah bread
1/4 C chopped pecans, toasted

Combine first 5 ingredients in bowl, stirring well with whisk. Add bread, toss gently to coat. Spoon mixture into 8 inch baking dish coated with baking spray. Cover with foil and chill for an hour.

Preheat oven to 350 degrees.

Place dish in a 13" x 9" water bath. Bake, covered, for 25 minutes. Uncover and cook an additional 10 minutes. Pour warm vanilla cream sauce and sprinkle pecans over the top.

Vanilla Cream Sauce
3 T butter
1/2 C sugar
1 C heavy whipping cream
1/2 t vanilla

In a medium saucepan, combine butter, sugar and vanilla until melted and smooth, stir frequently. Add cream. Bring to a slow boil and reduce heat. Cook until thickens, approx. 7 to 8 minutes.

Cooking Contest Official Rules

Contest Requirements:

- Entries must incorporate pumpkin or pumpkin seeds in the recipe.
- No entry fee to enter. Limit one entry per person.
- Entries must be large enough to accommodate 8 servings.
- Original recipes are required and may be published in a Festival recipe book or other Festival related publications.

Delivery of Entries

Entries should be delivered to the Pavilion in Elk Grove Park on Sunday, October 3, 2004 from 12:15 - 1:00 pm.

Judging

Judging will occur on Sunday, October 3, 2004, at 1:15 pm. Awards will be presented at approximately 4:00 pm on Sunday, October 3rd.

- Entries will be judged on:
 - overall presentation (5 points)
 - most creative use of pumpkin (5 points)
 - flavor (10 points)

The entry receiving the most points in each category will be awarded the grand prize. First through third place ribbons in each category will also be awarded.

Judges

A panel of independent judges will review all entries and select the winners. This event is meant to be an enjoyable experience for the public. Decisions made by the judges are final.

Any dishes, display items or other materials to be returned must be claimed immediately after judging.

By submitting a recipe to the contest the entrant gives permission to the Festival, and EGCSd, to publish it's contents in future cookbooks or Festival publicity materials without future compensation to the entrant.

Return your completed entry form and a copy of the recipe to:



Elk Grove CSD
Parks & Recreation
8820 Elk Grove Blvd. #3
Elk Grove, CA 95624
Attn: Jeri

For questions call (916) 405-5300
www.egcsd.ca.gov

Official Entry Form

Did you include your recipe?

One entry per person please.

Keep the official rules for your information.

Contest Category: (check one)

- ☐ Sweet Stuff (ages 17+)
- ☐ Savories (entrees & appetizers) (ages 17+)
- ☐ Kids in the Kitchen (ages 16 & under)

Description of Entry: _____

Name

Address

City, State, Zip

Daytime Telephone

Evening Telephone

E-mail Address

The Elk Grove Community Services District, their officers and employees, and any cosponsor of this activity are not responsible for any injury which may be suffered by the participant while traveling to, during, or returning from the activity designated in this notice. The sponsoring agency has no medical insurance for individuals, and injury will be your own responsibility. Under California Law, an individual, or guardian if under 18, is responsible for any and all property damage, personal or private which the individual may cause during the course of an activity such as designated in this notice. Additionally, the participant, or parent or guardian if actual participant is under 18, acknowledges that the EGCSd reserves the right to photograph facilities, activities, and program participants for potential future use for publicity or promotion purposes only. I have read and understand this notice.

Signature or Participant (Parent if under age 18) Date